THE J.M. SMUCKER Co

Strawberry Smoothie with Yogurt

Packed with flavor and nutrients, this strawberry yogurt smoothie is great for breakfast ... or a refreshing pick-me-up any time of day. Better yet, it's quick and easy to make.

Prep Time	Cook Time	Serves	Difficulty
3 mins	N/A	1	Easy

Ingredients

- 1-2 tablespoons Strawberry Jam
- -OR-
- 1-2 tablespoons Natural Strawberry Fruit Spread
- 1 (5.3-ounce) container or 2/3 cup Greek yogurt (or your favorite yogurt)
- 1/3 cup milk
- 6 ice cubes

Directions

Step 1: Blend all ingredients.

PLACE yogurt, milk, fruit spread and ice in blender container. Cover and blend until smooth.

Images

